

Activity	Number of New Members	Number of Sessions	Total Attendances	Average per Session
Youth Centre	6	132	841	6.4
Homework Drop-In	104	57	2766	48.5
GCSE Homework Support Scheme	35	42	337	28
Friday Activities	47	49	1846	37.7
Summer 'K2' Scheme	40	20	454	22.7
Saturday Club	39	25	840	33.6

All contracts, which include RAP, RIO and Probation, achieved the targets agreed.

Himmat Management Committee

Robin Prescott (Chair)
 Richard Smith (Secretary)
 Bryan Brooks
 Mohamed Aslam
 Bill Davenport (Observer)
 Stuart MacPherson (Observer)

David Scott
 Chris Sonne
 Pauline Nash
 Dipika Kaushal
 Maggie Culkin (Observer)
 Fiona Graham (Observer)

Himmat Trustees

David Scott
 Chris Sonne
 Robin Prescott
 Rob Clegg
 Richard Smith
 Pauline Nash
 Keith MacDonald



Report from The Chair

It is now 10 years since I first became involved with Himmat, firstly as a member of the Management Committee, then as Treasurer and now for the past few years in the exalted role of Chair, which in terms of my activities for the organisation is now somewhat of an honorary role, but nevertheless one which I am honoured to hold. Little did I think 10 years ago that the embryonic project based in old pub premises on Hanson Lane would flourish and grow into the organisation it now is.

Income has increased substantially and from being grant dependent Himmat had a turnover in 2004/5 of over £600,000 generated mainly from contract work with organisations that recognise the effectiveness and professionalism of its staff. These organisations are beating a path to Himmat's door (still in the old pub!) to learn from what it and its fellow organisation in Bradford, Ummid are doing and to ask for help in delivering projects or in designing programmes based on Himmat's successes and its reputation for quality delivery.

Himmat is now receiving the national recognition that it deserves. We were sad to lose our Assistant Project Manager, Ahtsham Ali, during the year when he was head-hunted to take up a post as Muslim advisor to the Prison Service, for which we congratulate him. Himmat has also received a visit from Anne Wainstock, head of the children and young people's Unit of the Home Office who specifically wanted to see the work that was being done with the NEET group of young people.

We are extremely pleased to have developed and strengthened our relationship with new and existing partners such as the Probation Service, Bradford YOT, Bradford Education Service and Nacro. We appreciate their support and the trust that they show in our ability to deliver.

All our projects continue to achieve success, in particular the Second Chances and the RAP programme and the work with the reintegration of the Bradford rioters. Our summer residential trips to Tiree remain as popular as ever and show that groups from mixed cultures can do more than integrate - they can become firm friends.

This success is due in no small part to the dedication, enthusiasm and sheer hard work of Assi, the Project Director and his staff. Long may it continue. My thanks to them all, my colleagues on the Management Team and my fellow trustees.



Robin Prescott
Chair of Himmat

All photographs in the Annual Report have been taken this year at various residentials and centre-based activities,



Introduction

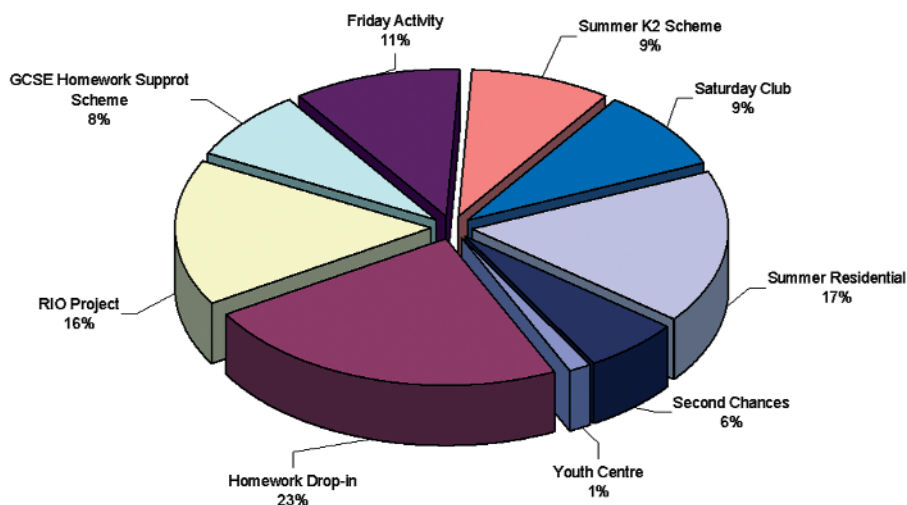
It is a great joy to be able to report another successful year with a bumper contribution made by all staff and volunteers. Himmat (Halifax) and its Bradford arm Ummid continue to 'invest in today's young people for tomorrow.' It has been an extremely busy year. The year started on a sad note with our stalwart Ahtsham Ali moving to the Home Office to become the Muslim Advisor to the Prison Service. Good luck Atch and do not forget us at Himmat!

But the show had to move on. We have taken on new staff and developed new programmes (Saturday Club and RAP) . During the year Himmat has been involved in a number of new partnerships, including Nacro. With prudent management, complimented by staff commitment, we have seen Himmat/Ummid become a strong local charity catering for the needs of tomorrow's generation.

The pie chart below, and the list of staff and volunteer members on the inside-back page, show how the project has grown from humble beginnings to a medium-sized enterprise. This report provides a brief summary of how Himmat and Ummid continue to contribute successfully to the organisation's development.

Mohamed Aslam MBE, BEM
Project Director

**Total New Attendees per Project
2004/2005**



Homework Drop-In

Homework Drop-In has been running successfully for the past 8 years. This is evidenced by the high attendance (Fig 1). The scheme runs two nights a week on Monday and Wednesday between 6 and 8pm. Its aim has been to help and improve the numeracy and literacy attainment of young people. Improvement has been noticed over the previous years in both the literacy and numeracy skills. Catering by year group proved to be difficult because of the varying ability level of the pupils. During the year we had a lot of pupils who required one-to-one support. This was overcome with the support of volunteering staff.

The underlying success of this scheme is the staffs' ability to communicate in two languages. As the teaching staff can speak both English and Punjabi, they are able to explain to the pupils in which ever language the pupils feels more comfortable with, but it is encouraged that the teaching is in English, as this is the language they must use in schools and it is the language their work is written in.



HIMMAT & UMMID PROJECTS

Annual Report 2004/2005

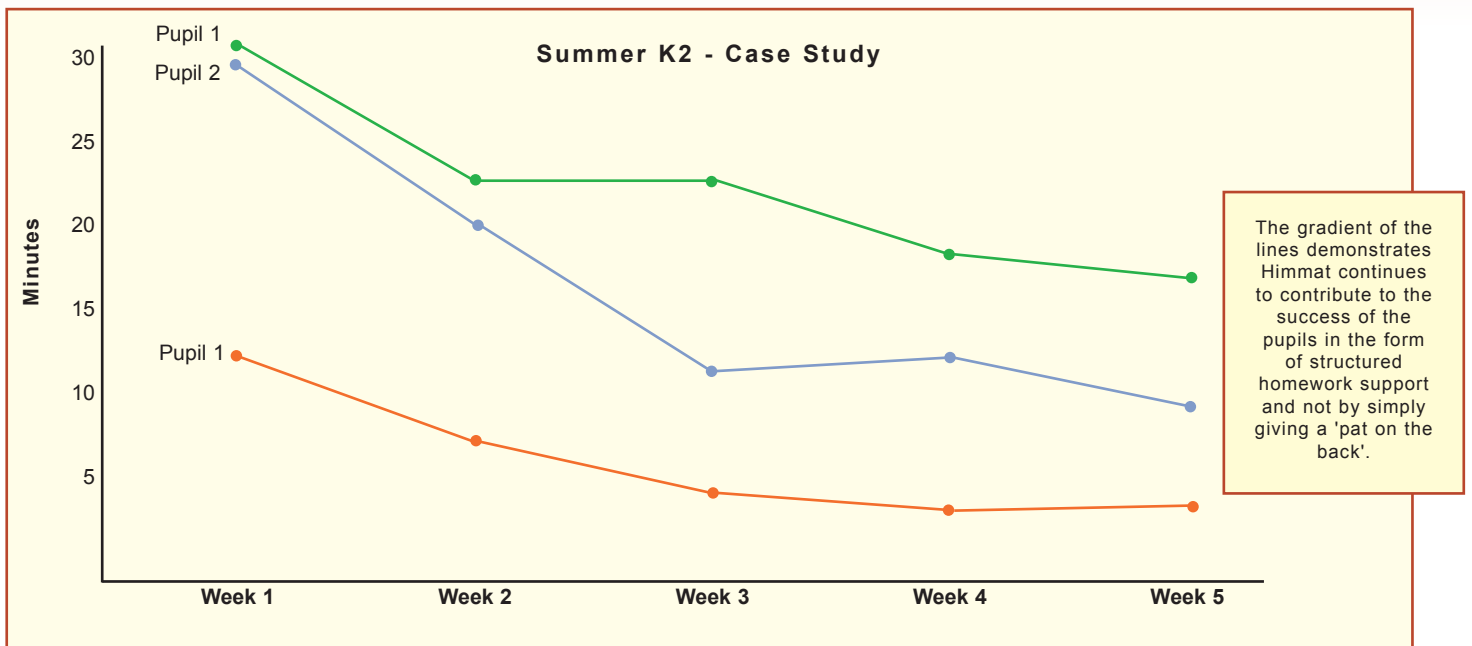
The staff at Himmat have felt that pupils have the potential of reading, but understanding what has been read is poor. This also seemed to be the case when schools were visited. To address this issue Himmat is altering the teaching material, bringing it more inline with the National Curriculum and the Literacy and Numeracy Strategy, and is also encouraging reading, both individually and in groups. This will hopefully be up and running for the academic year 2005/06.

Friday Activities

The Friday Club provides a warm and safe environment for girls aged 6-18 and primary school boys. The older girls are encouraged to bring their younger brothers along. The scheme allows the young people to have access to the Youth Centre facilities where they are encouraged to socialise. This scheme has been successful, as the attendance figures show. The dips in October and November attendance are due to the centre being closed for the month of Ramadan.

Summer K2

Summer Key Stage 2 classes focus on increasing the numeracy and literacy skills of pupils in Year 5 who are predicted not to achieve a Level 4 at the end of Key Stage 2. Pupils attending this scheme were identified by the schools, which worked in partnership with Himmat. In 2004, 7 local primary schools referred 69 pupils to the scheme. Elements of this scheme focused primarily on multiplication grids. Each pupil was asked to complete a grid within a set time of 30 minutes. This was beneficial as was seen by the end of the scheme. Most pupils had significantly reduced both the time taken to complete the grids and the number of incorrect answers given (see below). Their ability to use multiplication in other maths also improved.



Saturday Club

The Saturday Club enables young boys in Year 5 and 6 from the feeder primary schools an opportunity to participate, be active, keep fit and divert their energies positively. Some of the activities on offer included are:

- 5-a-side football
- Kwik Cricket
- Basketball
- Table Tennis
- Youth Centre-based activities

The boys were able to participate in activities with pupils from other schools. The programme activities alternated between Himmat and Raven Street Youth Centre. It was an enjoyable experience for all of them and most wanted it to continue over the summer holidays. The deeper reasoning of taking part was to improve their life and social skills and allow them to be part of something positive. This gave them an opportunity to practice and explore their skills and got them away from the couch and watching TV. The culmination of the Saturday Club was a success, as we had a trip to Camelot, and that was excellent as all the boys had a great time. The boys were also treated to a day at the cinema to reward them for both their excellent behaviour and attendance.

Overall, we at Himmat feel that the Saturday Club provides more than games for the boys. It gave them the opportunity to be active in sport, make friends and develop their positive life-skills. It also allowed them to work with role models in the community at an age where their socialisation and outlook on life is extremely important.

And now these boys have been entered into the local football league!

Summer Uproject Residential Programme 2004

Himmat and Ummid worked with 204 young people on a pre-residential programme. Out of which a total of 76 young people attended six residential programmes throughout the summer, to the island of Tiree. In September 2003 work started on recruiting young people throughout Bradford, Halifax and surrounding areas.

The target group were young people aged 15-16 year olds not knowing where they were going next, underachievers, lacking in confidence and disadvantaged in many other ways.



- Referrals were submitted (Sept/Oct 2003) by various agencies throughout the district, which included Schools, YOT's, YMCA, Youth Workers and Mentoring Schemes.
- The project received 220 applications from young people who showed an interest in the project.
- The pre-residential programme started in November 2003 and ran until July 2004. Fortnightly workshops were set-up, which addressed issues such as personal development, behaviour, confidence building, planning the trip, team activities, building relationships, ground rules etc.
- During July and August 2004, 76 young people were ready for an 8-day trip to the island of Tiree. The young people were split into 6 groups, two female groups and four male groups - on average 12 young people and 3 staff went each week.

Once on the island all the young people completed a six-day intensive outdoor-activity programme, and a self-development programme in the evenings. The daily activities included Kayaking, Surfing, Rock Climbing, Abseiling, Camping, Cycling, and Swimming. All were very challenging and assisted with overcoming fears, team-building, confidence-building and experiencing things they have never done nor been available to them. The evening sessions followed on from the pre-residential work but the main emphasis was on where they are going next, i.e. careers work.

All young people attended post residential sessions for advice and assistance with what to do next, college applications, form filling, job advice, help with CV's, and consulted with our Connexions P.A on a regular basis. All of the young people that completed the programme left with 2 achievement certificates.

The project achieved 100 per cent success in its aims of placing all the young people into further education, training or employment.

Not in Education , Employment or Training (NEET)

NEET is a West Yorkshire Connexions funded programme that identifies and targets those 16-19 year olds who are disengaged from mainstream provision or services. Sadat Wahid , the NEET P.A. uses unorthodox but innovative strategies to locate and re-engage these young people.



Second Chances

The project operates from YMCA Building in Bradford, providing an alternative form of education for those pupils who have either been excluded from school or are on the verge of exclusion. The aims of Second Chances are to constructively engage these disaffected and disengaged pupils in such a way that we can prepare them for a return to their respective schools, or alternatively, find a new school for those pupils who have been permanently excluded.

Education Bradford, Pupil Referral Unit (PRU) is our main referrer, whilst Second Chances has continued to work with young people throughout the district, our list of referrers has now increased and we have new referrers purchasing places such as Bradford YOT, RAP and a number of secondary schools in the district.

Second Chances worked with 27 pupils during the year. Most of the pupils attending Second Chances have very poor attendance figures at their respective school. On average the attendance figure is 78% at the project, whilst one young person went on to receive the 'Lord Mayors Award' for **100%** attendance.

At present the young people are studying towards GCSE's with tutor support. Many of the pupils completed and passed 'youth train' modules in 'literacy, numeracy, citizenship, healthy eating' and work experience, which is broadly equivalent to GCSE grade D - G passes. New modules introduced are 'working in a group', and 'self-development', which all young people will work towards. Two young people also attended Dance United (a project with Second Chance and staff support) and completed an intensive dance course and then went on to dance at the Youth Justice Board 2004 Conference at the Hilton Hotel in London. A number of pupils also received a 'Lord Mayor's Award' for their achievements.

None of the above could be achieved without the sheer determination, efforts and motivation of the Second Chances staff. That is why we continue to invest in the development of our staff. Over the last twelve-months a number of staff members have completed and others continue to attend a range of courses. Four members of staff have also received awards for their achievements. Congratulations to all the pupils and the staff for their efforts on another successful year!



UMMID Probation Project

The Project is now in its 15th year of collaboration with Probation and it continues to provide a resource for officers to tap into when engaging with South Asian Offenders in the Criminal Justice System (CJS). This helps to ensure that the service they provide is culturally and religiously relevant and appropriate to their needs. Ummid staff are available to the officers to offer support and cultural expertise and input at various stages of the Criminal Justice System, including PSRs, Prison visits, Parole, HDC, Home visits, Co-Work as well as case management and supervision in the community.

The staff are based at Bradford Probation City Courts as well as in the community at the Cop Shop on Duckworth Lane, making it very accessible to offenders partners and family who may feel intimidated and may not understand the workings of the Criminal Justice System. Many enquiries are received from concerned parents of offenders who just need a sensitive and sympathetic explanation to what is happening to their child.

The take up of the service fluctuates throughout the year depending on the many factors such as the number of South Asian Cases flowing through the CJS, turnover of staff, officer workloads, offenders levels of risk, issues effecting offenders compliance, as well as quality of personal rapport and relationship with officers. The annual process of raising the profile of the project, especially amongst new staff and trainees, was undertaken with presentations by the Ummid Director. Individual meetings and an induction of the role of Ummid within Probation by Ummid staff is also an ongoing and regular process.

Annual Contractual targets as agreed with West Yorkshire Probation continue to be met and exceeded and feed back from officers has remained very positive. We continue to develop our expertise and knowledge and remain flexible positive to the changes sweeping in as consequence of the Criminal Justice Act 2003.

Re-Integration of Offenders (R.I.O)

The R.I.O Project works in partnership with, Bradford Vision, West Yorkshire Probation, Police and a number of other key agencies. The project was set-up with the aim of working with those people involved in the Bradford Riots of July 2001. In particular looking at a new frame work of rehabilitating offenders back into their communities .

The work undertaken with the prisoners sentenced for the Bradford riots was based around addressing their attitude, mentality and behaviour and also to support and guide them through their prison sentence, to help them access training courses and education to raise their chances of employment upon release. To help them achieve category D status and to prepare them for parole and re-integration back into the community.

The success of the project has been the work carried out on attitude, mentality and behaviour, delivered from a cultural, religious and moral point of view. This creates awareness of victim issues and the effects on the community, as well as promoting model citizenship and ideal standards of behaviour, whilst in prison and once released, which are all based on the successful implementation of the three-phase model piloted last year.

1. Extensive intervention with offenders whilst they are in prison, addressing their offending behaviour.
2. Whilst concurrently supporting their families, making sure the relationship between offender and their family and friends is strengthened and thus there is support for them when they return home.
3. Finally working with employers who are willing to give these individuals a second chance when released from custody.

Initially the remit of the R.I.O project was all pre-release work. Due to the success of the pre-release work and the fact that a high percentage of the cases had conducted themselves well in prison and had actually lowered their risk whilst working with the R.I.O Project, these prisoners were considered for early release on parole licence.

The R.I.O Project evolved from pre-release work to pre-release and post release work. The R.I.O Project has committed 2.5 days a week to working in City Courts supervising offenders in the community. This work involves national standards meetings delivering offending behaviour work as well as supporting them with accommodation, employment and any other issues that arise.



Summary Statement of Income and Expenditure

For the Year ended 31st March 2005

	2005 £	2004 £
INCOMING RESOURCES		
Grants and similar incoming resources	631,643	559,483
Investment income		
Interest received	4,393	1,781
Refund of tax deducted from interest received	1,772	0
Total incoming resources	637,808	561,264
RESOURCES EXPENDED		
Costs of generating funds	396	879
Charitable expenditure		
Costs of activities in furtherance of the charity's objectives	472,251	452,027
Resources expended on managing and administering of the charity	51,180	39,101
Total resources expended	523,827	492,007
Net movement in funds	113,981	69,257
Balances brought forward at 1 April 2004	197,607	128,350
Balances carried forward at 31 March 2005	311,588	197,607

Thank You

Himmat extends a big thank you to the huge list of volunteers who have left their mark in the community. Especially those who gave their time and effort on a regular basis.

Staff

Mohamed Aslam MBE, BEM
Project Director

Sadat Wahid
NEET Project Worker

Star Mahmood
Project Worker

Taiba Hamid
Project Worker

Arshad Mahmood
Second Chances Project Worker p/t

Rahat Khan
Ummid Project Senior Manager

Mohammed Arif
*Ummid Bradford Rioters
Project Co-ordinator*

Basharat Hussain
Project Co-ordinator RAP

Basharat Mahmood
Ummid Second Chances

Joanne Watts
*Ummid Second Chances
Project Co-ordinator*

Robina Akbar
Ummid Bradford Rioters Project

Farzana Qamar
*Ummid Second Chances Project
Worker*

Mohammed Kaleem
P.S.A Targets

Shazad Ali
*Ummid Second Chances Project
Worker*

Ali Khan
*Ummid Second Chances Project
Worker*

Shafaqat Hussain
*Ummid Second Chances Project
Worker*

Shakeel Ahmed
Mentoring 4 U Project Worker

Sarfraz Aslam
Tracker

Safdar Ali
Ummid Second Chances

Shafquat Jabeen
*Ummid Second Chances Project
Worker*

Sessional Staff

Neelam Aslam
Project Workers

Samina Kausar
Project Workers

Nazia Aslam
Homework Drop-In

Nazreen Akhtar
Homework Drop-In

Israr Hussain
Homework Drop-In

Khurram Majid
Sports Leader

Qumran Ali
Maths Tutor

Steve Cann
English Tutor

Zulifqar Ali
Ummid Second Chances Project Worker

Christine Elliot
Ummid Second Chances Teacher

Volunteers

Gulfram Ali
Asif Maqbool
Abid Najib
Abaib Saeed
Zafer Mahmood
Ibrar Mahmood
Imran Bashir
Sahid Mahmood
Gulbaz Gulfraz
Hamza Aslam
Hanifa Aslam
Theresa Powers
Ali Khan
Tasanam Akhtar
Mavish Majid
Farhat Aslam
Tanzila Kauser
Saira-Bano
Aweis Mushtaq
Mohammed Akbar
Tamina Akbar
Tanzeela Kauser
Lubna Hussain
Pauline King

Rayma Barkhat
Tasanum Akhtar
Mehwish Majid
Tasmia Rakha
Sonia Hussain
Ifra Safdar
Ambreen Arshad
Nadia Saddique
Aalia Saddique
Maria Saddique
Mariam Mahmood
Neelam Nazir
Ifsa Akhtar
Farah Mir
Rukhsana Kauser
Asif Maqbool
Hina Hanif
Grace Ruddlesden
Nicola Brehla
Nicola Brannon
Kane Louis
Shamim Akhtar
Isabelle Pratt

We said farewell to...

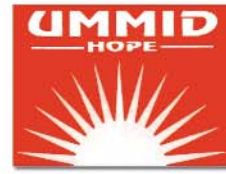
Ahtsham Ali, who has taken up his new role as Muslim Adviser to the Prison Service Chaplaincy



The Himmat Project

34/36 Hanson Lane
Halifax
West Yorkshire
HX1 5NX

Telephone: 01422 348045



The Ummid Project

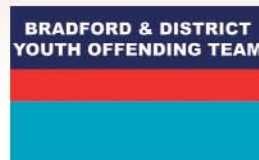
YMCA Building
Little Horton Lane
Bradford
BD5 0JG

Telephone: 01274 728067

Himmat - Charity No. 10596000

Himmat is a company limited by guarantee - No. 3277918

Supported by:



Community foundation for Calderdale



THE LANKELLY FOUNDATION